



# PARENTING CHILDREN

## *with Challenging Behaviors*

Fayetteville Training Location  
Children's Therapy T.E.A.M.  
2474 E Joyce Blvd.

### Training topics:

- ✓ What it means to be a parent that is "good enough"
- ✓ Ways to promote a positive parent-child relationship
- ✓ Ways to establish consistency/ routines to reduce stress
- ✓ Building in support and healthy habits to ensure longevity



THURSDAY  
**21**

**NOV 5:30PM**



[childrensteam.com/rsvp](http://childrensteam.com/rsvp)

### Lauren Quetsch, Ph.D

Presented by Dr. Lauren Quetsch, Ph.D, Assistant Professor at the University of Arkansas's Department of Psychological Science and Associate Professor at UAMS's Department of Pediatrics.

Dr. Quetsch is dedicated to building stronger parent-child relationships for children with challenging behaviors by helping parents better understand them and their child's unique needs.



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